Marianjoy Rehabilitation Hospital, part of Northwestern Medicine, offers a Pediatric Program that includes continuing care classes for children with special needs. Classes take place at Marianjoy’s main campus in Wheaton.

**That’s a Rap I**
This group will focus on structured social interactions and fun play activities to help children develop greater awareness of their reactions to others and how others react to them.

Ages 5–7  
**Thursdays, September 26 - November 14**  
4:30 – 5:30 pm

**Let’s Get Ready to Rap**
Pre-teens explore the wonderful world of making new friends in this class, where they practice social skills with peers without being teased or feeling isolated. They will also learn to improve their communication style.

Ages 8–11  
**Tuesdays, September 24 - November 12**  
4:30 – 5:30 pm

**Parent and Child Fitness Swim**
General fitness class.

**Participation requirements:** Child must have previous pool experience and be accompanied by a parent or caregiver in the pool for assistance.

Ages 5 and older  
**Session 1: Mondays, August 9 - October 11**  
**Session 2: Mondays, October 14 - December 2**  
4:30 – 5:30 pm or 5:30 – 6:30 pm

**Pediatric Fall Aquatic Exercise Groups**
Pool classes are designed for children who have medical conditions requiring aquatic exercise. Most participants have had previous aquatic therapy experience and are ready to participate in a group setting. Pool class instructors are physical or occupational therapists. The therapy pool is kept at a temperature of 91 to 93 degrees Fahrenheit.

**Participation requirements:** All participants must have a medical release to participate in aquatic groups. This release must be updated annually.

**Water Wonders**
Designed to support land-based therapy goals. Focus is on movement for balance, strength, respiration and endurance.

**Participation requirement:** Parent or caregiver must accompany child in the pool to assist with exercises.

Ages 6 months and older  
**Session 1: Mondays, August 19 - October 11**  
**Session 2: Mondays, October 14 - December 2**  
10 – 11 am

**Sensory Pool - Minnows and Sharks**
For children with identified sensory integration or sensory regulation needs. Focus is on self-regulation strategies; tactile and vestibular stimulation exercises; balance and aerobics for general health and wellness; and cooperative and social interactions with peers.

**Participation requirements:** Child must be able to be independent in the pool and follow directions safely in the water.

Ages 6 and older  
**Wednesdays, September 25 - November 13**  
4:30 – 5:30 pm
Young Adult Fitness Group
Led by our fitness trainer, this class is designed to help improve strength, balance and flexibility in children who have had therapy and are learning to be more independent with their exercise routines.

Participation requirements: A medical release is required and needs to be updated annually. Child must require no more than minimal assistance to participate, or a parent or caregiver must accompany the child in class.

Ages 8 and up
Session 1: Mondays, Sept. 23 - Oct. 28
Session 2: Mondays, Nov. 4 - Dec. 9
4:00 - 4:45 pm
Cost: $130

The Marianjoy Pediatric Program is led by Mary Keen, MD, medical director and Larissa Pavone, MD. Through physical therapy, occupational therapy, speech-language pathology and neuropsychology, our clinicians utilize the latest medical technology and treatment methods to provide excellence in pediatric care to children experiencing an array of conditions.

To schedule an appointment, please call 630.909.7337.

Mary Keen, MD
Medical Director, Marianjoy Pediatric Program
American Board of Physical Medicine and Rehabilitation - Pediatric Rehabilitation Medicine (Certified)
American Board of Physical Medicine and Rehabilitation – Physical Medicine & Rehabilitation (Certified)
American Board of Pediatrics - Neurodevelopmental Disabilities (Certified)
American Board of Pediatrics - Pediatrics (Certified)

Larissa Pavone, MD
Marianjoy Pediatric Physiatrist
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