

What to Bring for Your Inpatient Stay

Use this checklist to help you prepare for a smooth admission to inpatient care at Marianjoy Rehabilitation Hospital, part of Northwestern Medicine.

Personal items

List of prescription and non-prescription medications, vitamins and supplements you are taking, including dosage and brand name

Photo ID and insurance cards

Personal hygiene items such as a toothbrush, toothpaste, shampoo, hairbrush, hair dryer, shaving supplies and deodorant

Clothing suggestions

As part of your therapy, you will be getting dressed in regular clothing each day. You will need an assortment of comfortable, loose-fitting clothes. We recommend that you label clothing with your name.

Pants with an elastic waistband, such as cotton or nylon sweatpants

Comfortable shirts that are easy to put on and take off

Lightweight jacket

Swimsuit, if aquatic therapy is prescribed

Athletic-style socks

Underwear

Athletic or rubber-soled shoes with ties or Velcro

Pajamas

What not to bring

Valuable jewelry

Expensive electronic items

Cash

Heaters, heating pads, or equipment for food preparation or storage

Firearms or other weapons

Please note

- Smoking is not allowed anywhere on the Marianjoy campus.
- Marianjoy is not responsible for lost or stolen items.

If you have any questions regarding this information or the admission process, please call 630.909.8920.