

Marianjoy Rehabilitation Hospital

part of
M Northwestern
Medicine

2017-18 Winter Golf Schedule

Marianjoy Therapeutic Golf Program

Marianjoy Rehabilitation Hospital, part of Northwestern Medicine, is dedicated to helping individuals with disabilities return to recreational activities they enjoy. Marianjoy's Therapeutic Golf Program was developed to help participants learn or return to the game of golf.

Golf is a great leisure activity that also helps develop or maintain flexibility and range of motion; improve attention and concentration; increase upper body strength and endurance; and improve balance and eye-hand coordination.

Our winter golf clinics, held indoors at the Links and Tees golf facility in Addison, Illinois, are led by Marianjoy therapists and golf professionals who offer individualized attention and instruction such as modifications to swing, stance, or the introduction of adaptive equipment.

Program Information

Cost

The cost for each clinic is \$25.
Registration and a physician release are required.

Location

Links and Tees Golf Facility
880 West Lake Street
Addison, Illinois
630.233.7275 (option 4)

Time and dates

4:30-6:00 pm
Monday, November 13, 2017
Monday, December 11, 2017
Monday, January 8, 2018
Monday, February 12, 2018
Monday, March 12, 2018
Monday, April 9, 2018

For more information or to register, please contact Tracy Ekstrom, CTRS at 630.909.6010 or by email at Tracy.Ekstrom@nm.org.