Marianjoy Rehabilitation Hospital



Journey to Discharge[™] Pain Program

PRE-ADMISSION

Evaluation by pain rehabilitation physician and psychologist

Admission and Welcome

Receive your personalized Patient Education Notebook.

Assessments

Initial Marianjoy Pain Functional Assessment Tool and questionnaires.

Evaluation and Goal Setting

Meet your pain rehabilitation physician, psychologist and physical therapist to set your goals for discharge.

Write goals for program.

Physician Rounds

Pain rehabilitation physician will conduct rounds each week.

Education

Concepts of acute/chronic pain, sleep, posture, body mechanics, pain management tools and individualized exercise plan.

ONGOING PSYCHOLOGY AND PHYSICAL THERAPY -----

Review Home Management plan

Review your home exercise program and equipment needs.

Long Weekend To Practice What You Have Learned **Family Education Visits**

----- ONGOING PSYCHOLOGY AND PHYSICAL THERAPY -----

Three Staffings

Your rehabilitation physician, nurse, psychologist, therapists and case manager meet to discuss your progress and plans for discharge.

Flare-up Drills
Problem-solving for real life.



- ONGOING PSYCHOLOGY AND PHYSICAL THERAPY

Progress Updates

Final staus questionnaires, final functional testing

DISCHARGE FROM PROGRAM



WE'RE ALWAYS HERE TO ASSIST YOU.

Call us at
630.909.6500
if you need additional
help or if you have
any questions.

FOLLOW-UP

As determined by team.

YOUR JOURNEY CONTINUES

Marianjoy

Your Partner for a Lifetime of Healing

Specialty Services
Physician Clinics
Support Groups
Therapy Scheduling

Goal 1:	 	 	
Goal 2:			
Goal 3:	 	 	

Journey to Discharge™

Pain Program

Rehabilitation Physician:
Nurse:
Physical Therapist:
Psychologist:
Biofeedback:
Other:
Therapy Scheduling: 630.909.6570

Nurse: 630.909.6510

Physician Scheduling: 630.909.6500

Marianjoy programs at Oakbrook Terrace

The Marianjoy Comprehensive Pain Management Programs are designed for adults who have pain that has persisted beyond the expected duration. Through a multidisciplinary approach, individuals will learn to maximize their function and cope with pain while leading productive and satisfying lives. These 21-day outpatient programs are designed to increase daily function, improve quality of life, and teach life-long pain management skills.

Marianjoy Rehabilitation Hospital



Marianjoy at Oakbrook Terrace Outpatient 17W682 Butterfield Road Oakbrook Terrace, Illinois 60181 630.909.6500

marianjoy.org



When it comes to your outpatient physical rehabilitation, insist on Marianjoy

As a leader in the field of rehabilitation, Marianjoy offers an outpatient therapy program designed with your specific needs in mind.

From the simple to the most complex cases, Marianjoy provides:

- One-on-one individualized therapy sessions
- Licensed physical, occupational and speech-language therapists who are nationally recognized for leadership in their respective fields
- Specialized treatment programs to address sports injuries, pain management, orthopaedics and joint replacement
- Comprehensive therapy programs for stroke, brain injury, spinal cord injury, neuromuscular disorders and pediatric rehabilitation
- Access to board-certified Marianjoy physicians—specialists in physical medicine and rehabilitation—who can provide you with ongoing medical care and treatment

To schedule an appointment for Marianjoy's Outpatient Services, please call 630.909.6500 (Oakbrook Terrace) or 630.909.7150 (Wheaton), or visit marianjoy.org.