

Marianjoy  
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MARIANJOY PROFESSIONAL  
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# Maximizing Functional Outcomes for Complex Patients in a Rehabilitation Setting

Saturday and Sunday, August 26-27, 2017

Sponsored by:  
Marianjoy Rehabilitation Hospital  
26W171 Roosevelt Road  
Wheaton, Illinois 60187  
[Marianjoy.org/MPLI](http://Marianjoy.org/MPLI)

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# Maximizing Functional Outcomes for Complex Patients in a Rehabilitation Setting

## Saturday and Sunday, August 26-27, 2017

**Intended Audience:** PT, PTA, OT, OTA; **Intermediate Level;** **Contact Hours:** 15 hours

**Presenter:** Steven Sadowsky, PT, RRT, MS, CCS

### Course Description

Regardless of the practice setting, therapists are required to recognize increasingly subtle signs and symptoms of activity intolerance because our patients are more complex, and exhibit more co-morbidities than ever before. Therefore, in order to maximize the patients' safety while assisting them, therapists must make treatment decisions quickly and independently based on the best available and clinically obtainable information. This course presents relevant and immediately applicable knowledge to inform the clinical decision-making process in any setting.

Through interactive presentation, individualized laboratory application, and case analysis/discussion, participants will review cardiovascular anatomy and physiology as a clinically relevant background to the physical examination, interpretation of findings, and selection of interventions to enhance patient prognosis and treatment outcome. By exploring the application of clinical monitoring techniques and the interpretation of selected parameters that take their patients' functional impairments into account, participants will learn how to make better decisions about the interventions they employ and their patients' responses to them. Your active involvement is required to complete the course and to ensure a dynamic learning experience.

### Course Objectives

Upon completion of the course, participants will be able to:

1. Discuss the International Classification of Function and Disability (ICF) framework.
2. Incorporate evidence-based resources into the clinical decision making and patient case management processes.
3. Understand normal and abnormal cardiovascular-pulmonary function and responses to exercise.
4. Discuss normal and abnormal cardiovascular function and response to exercise.
5. Perform an appropriate examination of the cardiovascular and pulmonary systems to guide clinical decision making and treatment planning.
6. Incorporate at least three physiological monitoring techniques into the clinical practice routine.
7. Relate the examination/assessment findings to the development of appropriate therapeutic interventions.
8. Select treatment interventions for complex patients to achieve full potential safely.
9. Appreciate the functional impact of frequently prescribed medications on patient performance.

### Course Agenda: Saturday, August 26, 2017

7:30 am	Registration and continental breakfast	11:45 pm	Lunch (provided)
8:00 am	Assessment of participant needs and wants regarding course content	12:15 pm	Physical examination
8:30 am	Review of evidence-based practice and resources, the international classification of function (ICF), and clinical decision making frameworks	1:15 pm	Clinical physiological monitoring – jugular venous distension and auscultation
10:15 am	Break	2:30 pm	Break
10:30 am	Review of clinically relevant cardiovascular/pulmonary anatomy and pathophysiology	2:45 pm	Clinical physiological monitoring – auscultation and dynamic blood pressure monitoring
		4:30 pm	Adjourn



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### Course Agenda: Sunday, August 27, 2017

7:30 am	Registration and continental breakfast	12:00 pm	Lunch (provided)
8:00 am	Clinical application: Topographic landmarks, auscultation and JVD	12:30 pm	Pharmacology review
10:15 am	Review of routine chemistries and coagulation status	2:30 pm	Break
10:30 am	Break	2:45 pm	Prescribing exercise
10:45 am	Post-ICU Syndrome	3:45 pm	Interactive discussion and clinical application
		4:30 pm	Adjourn

### Presenter:

**Steven Sadowsky, PT, RRT, MS, CCS** is an ABPTS certified cardiovascular and pulmonary clinical specialist, an internationally recognized author, consultant, practitioner and teacher. Mr. Sadowsky is a passionate advocate for best clinical practices, and brings a wealth of experience to his course instruction. He has practiced in adult and neonatal cardiopulmonary transplantation and critical care units at large major medical centers, as well as in long-term outpatient, skilled and home care settings. As a recently retired associate professor at the Northwestern University Feinberg School of Medicine, Mr. Sadowsky taught in the Department of Physical Therapy and Human Movement Sciences Doctor of Physical Therapy Program, and was director of their Cardiovascular and Pulmonary Exercise Testing Laboratory. Mr. Sadowsky has been a member of the Item Bank Review Committee with the Federation of State Boards of Physical Therapy and has served the APTAs American Board of Physical Therapy Specialties with distinction. **Disclosures:** Financial—Mr. Sadowsky will receive an honorarium from Marianjoy Rehabilitation Hospital for the presentation of this seminar. Non-financial—Mr. Sadowsky has no relevant non-financial relationships to disclose.

### Contact Hours:

#### Illinois Department of Financial and Professional Regulation (IDFPR): Physical Therapists

This course has been approved for 15 continuing education hours for physical therapy practitioners. The Illinois Department of Financial and Professional Regulation, Division of Professional Regulation has certified Marianjoy Rehabilitation Hospital has complied with the provisions of the Illinois statutes and/or rules and regulations and is hereby authorized to sponsor the above named course as a Continuing Education offering. Registered Physical Therapy Continuing Education Sponsor: IDFPR License Number 216.000125.

### American Occupational Therapy Association (AOTA)



Marianjoy Rehabilitation Hospital is an approved provider for the American Occupational Therapy Association to offer continuing education in occupational therapy. This intermediate level program awards occupational therapists 1.5 AOTA CEUs or 15 contact hours. Assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Category 1: Domain of OT (Topic: Performance Skills); Category 2: Occupational Therapy Process (Topics: Evaluation and Intervention).



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### REGISTRATION INSTRUCTIONS

## Maximizing Functional Outcomes for Complex Patients in a Rehabilitation Setting

### AUGUST 26 - 27, 2017

Registration Fee: \$249

Registration Deadline: August 11, 2017



#### ONLINE

[Marianjoy.org/MPLI](http://Marianjoy.org/MPLI)



#### PHONE

Call 630.909.6923 to register.



#### QUESTIONS

Email Jaime Gorska at  
[educationmj@nm.org](mailto:educationmj@nm.org)  
or call 630.909.6923

#### Accessibility

Please contact the Professional Learning Institute at 630.909.6923 if you require special accommodations to enroll in or attend one of our programs.

#### Photo Consent

Please note that photos may be taken during this class and may be used in marketing materials. Please notify the seminar coordinator at the time of registration if you do not wish to have your photo taken and used in future marketing materials.

#### Cancellation/Refund Policy

A tuition refund less \$50 administrative fee is available if your cancellation request is received in writing within 14 days prior to the program date. No refunds will be granted after that date. In the unlikely event that Marianjoy must cancel an educational event for any reason, you will receive a full refund of your paid tuition. Marianjoy does not assume responsibility for any other expenses incurred by the registrant.