

Marianjoy Rehabilitation Hospital

Now part of

M Northwestern
Medicine®

Marianjoy Outpatient Solutions *for Your Rehabilitation Needs*



Insist on the Experts at Marianjoy

Each year, thousands of patients who sustain an injury, illness, or disability depend on Marianjoy to help them return to work, play, and everyday life.

Built on our exceptional reputation for inpatient rehabilitative care, Marianjoy offers a complete range of outpatient rehabilitation programs and specialty clinics to treat a wide range of medical conditions.

A Leader in Rehabilitation

Our licensed therapists are experts in many specialty areas and can address a wide range of patient needs, from the common to complex.

- **Expert Care from Clinical Professionals:** Marianjoy’s physical, occupational, and speech therapists are committed to professional development.
- **One-on-One Therapy:** Therapy sessions are personalized to meet every patient’s goals, providing tools to continue recovery after therapy is complete.
- **On-Site Physician Leadership:** Board-certified physiatrists oversee medical and therapy programs, collaborating with our therapists to tailor the best therapy program for each patient.
- **Evening and Weekend Hours:** Convenient appointment times are available.
- **Physician Clinics:** Marianjoy Medical Group physicians are conveniently located at our Wheaton and Oakbrook Terrace facilities to provide continuing evaluations and assessments.
- **Specialty Programs & Clinics:** Marianjoy offers a variety of specialty programs and clinics such as balance and vestibular; prosthetics and orthotics; and driver rehabilitation.
- **Work-Related Injuries:** Whether back and neck pain, or other job-related injuries, Marianjoy therapists develop treatment plans to help an individual recover and return to work.

Full Spectrum of Outpatient Rehabilitation Services

From assistive technology to specialized treatments and evaluations, Marianjoy has the expertise to become your partner for a lifetime of healing. Your clinical team will recommend the appropriate programs and services to best meet your individual needs.

Outpatient programs and services include:

- Aquatic Therapy
- Augmentative Communication
- Balance and Vestibular
- Biofeedback
- Casting & Splinting
- Day Rehabilitation
- Daily Living Skills
- Driver Rehabilitation
- Gait and Mobility Analysis
- Lymphedema Treatment
- Occupational Therapy
- Orthopedic Therapy
- Pain Treatment
- Pediatric Therapy
- Physical Therapy
- Post-Concussive Institute
- Prosthetics and Orthotics
- Psychology and Neuropsychology
- Speech Therapy
- Therapeutic Golf
- Voice and Swallowing
- Wheelchair and Positioning

The New Aquatic Therapy and Fitness Center

Aquatic therapy at Marianjoy is used either in conjunction with land-based therapy or as a stand-alone treatment option, performed by physical or occupational therapists to help patients achieve their therapy goals.

Other benefits of warm-water aquatic therapy include:

- Post-operative pain reduction
- Spasticity reduction
- Joint pain reduction
- Low-impact resistance
- Graded-depth weight-bearing environment



High Tech and High Touch

The **Marianjoy Assistive Rehabilitation Technology Institute** offers solutions to everyday problems of daily living encountered by individuals with disabilities. The Institute consists of seven distinct centers that apply advancements in technology to benefit individuals with disabilities through maximizing functional independence, as well as expanding educational, vocational, recreational, and communicative opportunities.

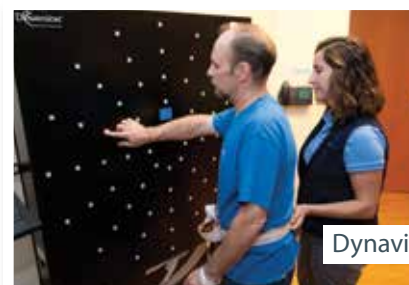
- Assistive Communication and Daily Living Center
- Balance and Vestibular Center
- Driver Rehabilitation Center
- Gait Analysis and Mobility Center
- Prosthetic and Orthotic Center
- Swallowing and Voice Center
- Wheelchair and Positioning Center



Ekso™ GT



KineAssist-MX®



Dynavision D2 System

For more information on Marianjoy's Outpatient Programs and Services, please call 630-909-7150 (Wheaton) or 630-909-6500 (Oakbrook Terrace), or visit www.Marianjoy.org/outpatient.

Getting Athletes Back in Action

Sports injuries, which can result from an accident, overuse, poor conditioning, or improper equipment, can affect the musculoskeletal system, including muscles, tendons, bones, ligaments, and cartilage.

Marianjoy’s therapists utilize a variety of treatment options to help athletes return to their active lifestyle by restoring mobility, decreasing pain, building strength, and increasing endurance.

We can help athletes of all ages with the following:

- Tendinitis and muscle strains
- Knee and hip injuries
- IT Band Syndrome
- Back and neck injuries; herniated discs; pinched nerves
- Shoulder, elbow, and wrist injuries
- Ankle and foot injuries
- Overuse/chronic injuries
- Post-surgical issues
- Arthritis
- Chronic pain
- Plantar fasciitis
- ACL and rotator cuff tears
- Achilles tendon injuries
- Stress fractures



How to make an appointment for therapy

To schedule one-on-one therapy with a physical, occupational, or speech therapist, please call 630-909-7150 (Wheaton location) or 630-909-6500 (Oakbrook Terrace location). **A physician prescription is required.**

If you do not have a physician’s prescription, Marianjoy Medical Group doctors can perform an evaluation and determine your therapy needs. Please call 630-909-7000 (Wheaton location) or 630-909-6500 (Oakbrook Terrace location) to schedule an appointment.

To Make a Referral

Physicians can refer their patients to Marianjoy for physical, occupational, or speech therapy by calling 630-909-7152.

Insurance

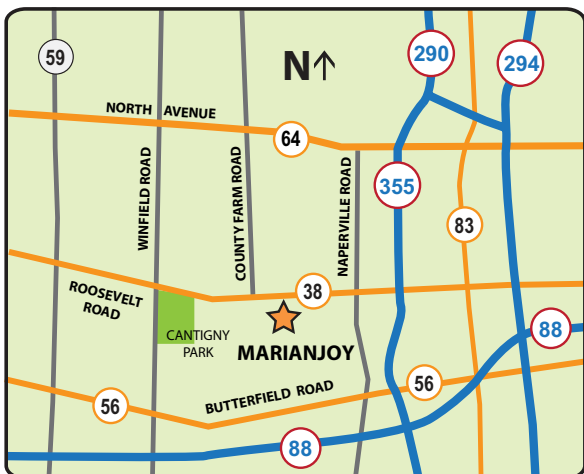
Marianjoy accepts most insurance carriers, government payors, and workers’ compensation. Patients are encouraged to verify their benefits with their insurance carriers prior to the first outpatient appointment.

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WHEATON

Inpatient, Subacute and Outpatient Services

Marianjoy Rehabilitation Hospital
26W171 Roosevelt Road
Wheaton, Illinois 60187
630-909-8000 • www.Marianjoy.org

DOWNERS GROVE

Subacute and Outpatient Services

Marianjoy at Providence Healthcare and Rehabilitation Center
3450 Saratoga Avenue
Downers Grove, Illinois 60515
630-969-9360

OAKBROOK TERRACE


Outpatient Services and Integrative Pain Treatment Center

17W682 Butterfield Road
Oakbrook Terrace, Illinois 60181
630-909-6500

PALOS HEIGHTS

Subacute and Outpatient Services

Marianjoy at Providence Healthcare and Rehabilitation Center
13259 S. Central Avenue
Palos Heights, Illinois 60463
708-239-6060

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