

Comprehensive Pain Management Program Outcomes Fiscal Year 2015

Evidence-Based Outcome-Oriented Pain Management

The US Department of Health and Human Services (HHS) unveiled a “National Pain Strategy” (NPS) in March 2016 that calls for an “integrated, multimodal, and interdisciplinary” approach to treating patients with pain.



As the **ONLY CARF Accredited Pain Management Program** in the state of Illinois, **Marianjoy’s Comprehensive Pain Management Program** is uniquely suited to provide this care. See www.carf.org for more information.

Marianjoy at Oakbrook Terrace

The Marianjoy Comprehensive Pain Management Programs are designed for adults whose pain has persisted beyond the expected duration for a particular diagnosis. Through a multi-disciplinary approach, individuals have maximized their function and coping with pain while leading productive and satisfying lives. These **21-Day Outpatient Programs** are designed to increase daily function, improve quality of life, and teach the use of life-long pain management skills.

Pain Programs include:

- The **Full-Day Comprehensive Pain Management Program** is an intensive program focusing on the management of chronic pain to restore function and mobility.
- The **Half-Day Morning Solutions Program** is a less intensive pain management program for individuals who struggle with daily activities.

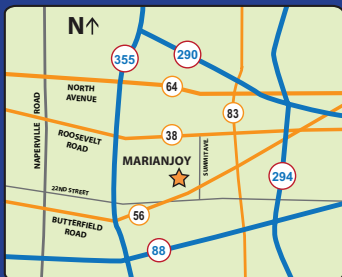
Program Demographics:

In the past year we treated 59 patients with the following diagnoses:

- Lumbar dysfunction
- Spinal stenosis
- Post lumbar/cervical surgical pain
- Sacroiliac joint dysfunction
- Cervical dysfunction
- Thoracic dysfunction
- Hip, knee and shoulder & hand dysfunctions
- Osteoarthritis
- Rheumatoid arthritis
- Fibromyalgia
- Headache
- Headaches after brain injury
- Neuropathic pain
- Chronic radiculopathy
- Complex Regional Pain Syndrome (CRPS)
- Pelvic pain/pelvic floor dysfunction

98% of our patients had multiple diagnoses

Marianjoy’s Oakbrook Terrace Outpatient Campus Conveniently located near the intersection of Butterfield Road and Summit Avenue, Marianjoy at Oakbrook Terrace is just minutes from Oak Brook Shopping Center and I-88.



Improve Function

4.0

The average **Global Rating of Change[▲]** exceeds expectations and is **4.0** (on a scale of -7 to +7)

117%

Average **gains in lifting[▲]** ranged from 70% to 117% improvement

100%

100% of patients had **decreased pain behaviors[▲]**. These pain behaviors decreased by an average of 39%. (measured on the University of Alabama Modified Pain Behavior Scale)

53%

53% of patients reported taking **less medication*** 3 months after completing the program

67%

67% of patients rated their ability to **manage their pain** after the program as good or very good*.

35.2%

Patients reported a **decrease in pain by an average of 35.2% from admission to 3 month post-discharge*** (▲based on a total of 56 pts)

Decrease Utilization of the Healthcare System

Healthcare utilization for pain after the program*:

Aggregate Emergency Room visits decreased from 23 total visits to 2 visits

Aggregate Hospitalizations decreased from 7 visits to 2

88%

Visits to **new pain doctors** decreased by 88%

42%

Physician visits for pain decreased by 42%

* 3 months prior to the program compared to the 3 months post program. (50 out of 59 patients responded)

See www.PainTreatmentProgram.com for more detail.

Marianjoy
Rehabilitation Hospital

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M Northwestern
Medicine

Marianjoy at Oakbrook Terrace Outpatient
17W682 Butterfield Road • Oakbrook Terrace, Illinois 60181
630-909-6500 • www.PainTreatmentProgram.com